JOIN US FOR GROUP CLASSES



SELF-REGULATION TOGETHER **STATION** THURSDAYS 10-10:45 AM WEDNESDAYS 5:30-6:15 PM **AGES 1-5** AGES 6-12

Drop in: \$25/child or \$45/family Monthly: \$80/child or \$150/family \$5 trial class

Explore and learn self-regulation skills through music, movement and games! Identify emotions and practice coping strategies in a safe, playful and creative musical environment.

5120 Virginia Way, #B11, Brentwood, TN 37027

following directions, all while playing high quality instruments, meeting new friends, and having tons of fun! 5120 Virginia Way, #B11, Brentwood, TN 37027

KARAOKE KORNER

TUNES

WEDNESDAYS 6-6:45 PM AGES 18+

> Drop in: \$25/adult or \$45/family Monthly: \$80/adult or \$150/family \$5 trial class

Drop in: \$25/child or \$45/family

Monthly: \$80/child or \$150/family

\$5 trial class

Work on turn taking, teamwork, early academics, and

This class is focused on singing and fun. A great alternative to a traditional choir. Take turns choosing a song or sit in the background and jam out with a variety of provided instruments.

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SOCIAL SATURDAYS

SATURDAY 10-10:45 AGES 6-12

SATURDAY 11-11:45 AGES 13-18

> Drop in: \$25/child or \$45/family Monthly: \$80/child or \$150/family \$5 trial class

This group offers opportunities to work on turn taking, teamwork, and leadership, all within the context of group music making. We will play instruments, sing, dance, and most importantly, have fun!

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